



featuring 21 designs from 12 international artists

BARE NAKED BRAVERY

a podcast
companion
coloring book
Vol. 1

Bare Naked Bravery: A Podcast Companion Coloring Book - Vol. 1

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Editor: Emily Ann Peterson

Cover Art: Lisa Lane and Emily Ann Peterson

Artwork: Lisa Lane, Jessica Jo Fisher, Siolo Thompson, Aimée Kennedy, Scott Erickson, Kelly Jackson, Kat Nicholson, Alicia Napierkowski, Corey Morrow, Patrick Drury, and Books Ink

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However...

Sharing your finished pages on Instagram and Social Media is **STRONGLY** encouraged! Tag your photos with #BareNakedBravery! :)

Get more here: www.barenakedbravery.com/color

HOW TO USE THIS COLORING BOOK

Congratulations! I'm sooo happy you picked up this little coloring book!

This coloring book is a collection of over 20 designs from 11 international visual artists. They each come from varying professional backgrounds. They each use varying artistic mediums. Now, YOU are poised to take this creative "baton" and finish the race bravely! You are also cordially invited to spread your bravery across the world.

On behalf of ALL of us, I want to thank you for joining us in celebrating bravery across the world. You have a big role in that!

Should you accept this invitation, please take the following steps...

Optional: Download (& share) the whole book to print it page-by-page by visiting barenakedbravery.com/color

Step 1: Get your pencils, markers, paint, lipstick, mascara, highlighters, etc.

Step 2: Finish these pages in whatever way your heart desires. Inside the lines. Outside the lines. Drawing new lines...

Step 3: Listen to the podcast while you color! Available in iTunes and at www.barenakedbravery.com

Step 4: Share your finished pages on Instagram by tagging the artist, [@barenakedbravery](https://www.instagram.com/barenakedbravery) and using the hashtag [#barenakedbravery](https://www.instagram.com/explore/tags/barenakedbravery)

Step 5: Vote on your favorite international, brave charity to receive the proceeds of the paperback version! Visit barenakedbravery.com/color to cast your vote.

On your mark. Get set. Go!

ABOUT THE PODCAST

Hi! I'd like to tell you a little about the thing that inspired this all to come about...

I've been a podcast lover for years. There are a lot of really fantastic podcasts out there.

Many of my personal favorite shows exist to teach, share, or promote the various success of others' (books, albums, and other professional/artistic wins.) Hearing about those is great and all... But I personally want to hear more conversations about the bravery required for those successes and the failures those brave souls encountered along the way. This podcast does just that.

Bare Naked Bravery is a weekly podcast exposing the threads of heroism that stitch together the stories we admire most.

As a singer/songwriter, teaching artist, creative entrepreneur, artistic mentor, and host of the show – I come across some really fascinating stories of bravery. In each episode I strive to expose the rawness of bravery, courage, imagination, safety, innovation, vulnerability... and of course, creativity.

Every episode holds revealing conversations that unclot the fears befriended (or banished) along stories of bravery, quiet heroism, and all-out-gutsy-ness. Some episodes will open the Pandora's box of constraints and dream-crushing realities we all inevitably face.

Why do all this? Even this coloring book? My hope is that by listening to and experiencing others search for and find their bravery, we will all find our own.

The world needs more of **your** Bare Naked Bravery.



EMILY
PETERSON

singer/songwriter, teaching artist, creative entrepreneur
& host of the podcast, Bare Naked Bravery
www.barenakedbravery.com

ABOUT THE ARTISTS

Emily Ann Peterson uses constraints like a machete and fear like a lawn mower. She knows a belly laugh is required for survival and is no stranger to life on the limb. In 2013 she was diagnosed with an Essential Tremor in her right hand which forever altered her livelihood as a cellist and cello teacher. This degenerative neurological disease opened her life's love of expression into wider mediums, specifically songwriting and podcasting. Beyond producing and hosting the podcast Bare Naked Bravery, she is also a teaching artist and the composer behind "Cello Yoga." Her full-length folk-pop album, "Velveteen," and her first book "Rainbows Die & Unicorns Fart: Revealing Creative Courage When Sh*t Hits the Fan" release in 2017.

More from Emily Ann Peterson: emilyannpeterson.com

Follow Emily Ann on Instagram: [@emilyannpete](https://www.instagram.com/emilyannpete)

Lisa Lane pulls her love for arts education and children into her fashion and textile design pursuits. Lisa has designed and managed multi-million dollar brands, launched new brands and products from conception to completion, and has lead trend direction for various national brands, predominantly in the Children's industry. Lisa has collaborated with brands like JCPenney, Entertainment Weekly, Target, Jones New York, Us Weekly, Liz Claiborne, Babies R'Us, Teen Vogue, Buy Buy Baby, Nylon, Disney, Jonathan Adler, and more. Lisa welcomes commissioned artwork for children's décor and clothing, licensing opportunities, and even pet portraits!

More from Lisa Lane: LisaLaneDesigns.com

Follow Lisa on Instagram: [@lisalanedesigns](https://www.instagram.com/lisalanedesigns)

Jessica Jo Fisher is a visual artist who runs an illustration, stationery, and design studio based in the greater Chicago area. She believes in the power of personal expression. She aims to help the modern woman express the style, sophistication, and authenticity for which she is known and adored. Evolving out of Jessie's bold and modern illustrations, her custom work and products seek to inspire and identify the unique "je ne sais quoi" of her customers. She strives to empower her audience to express their personal style during life's big moments and in everyday life.

More from Jessica Jo: jessicajofisher.com

Follow Jessica Jo on Instagram: [@jessicajofisher](https://www.instagram.com/jessicajofisher)

ABOUT THE ARTISTS

Siolo Thompson is an illustrator and creative entrepreneur who lives and works in Seattle, WA. She uses multiple mediums and techniques in her work with a focus on craftsmanship and narrative development. Her art has been featured in international exhibitions, art and literary journals, and most recently in two tarot decks. Her Linestrider Tarot Deck is published by Llewellyn Worldwide and is also available as an app at Fool's Dog Tarot. Among Ms. Thompson's projects in 2016 is the founding of Bay & Willow, a lifestyle brand of carefully curated divination supplies and home wares influenced by the unseen realm. Its also where you can find Siolo's latest work, the Scrying Ink Lenormand deck.

More from Siolo: <http://www.siolothompson.com>

Follow Siolo on Instagram: <http://www.instagram.com/siolothompson/>

Aimée Kennedy is a classically trained sculptor, graphic designer and jeweller from Toronto, Canada. As a jewelry designer, she works with glass flameworking, traditional enamel, and fusing metal. Her designs have been a favorite of celebrities, stylists and media since 2003. Her pieces are elegant and bold fashion-conscious aimed to enhance the wearer's style.

More from Aimée Kennedy: fineandgood.com

Follow Aimée on Instagram: [@aimeek_jeweller](https://www.instagram.com/aimeek_jeweller)

Scott Erickson is a touring painter, performance artist, and creative priest who mixes autobiography, mythology, and aesthetics to create art that speaks to our deepest experiences. Most recently, Scott released "Stations In The Street", an open share stations of the cross street art show; and he is currently touring his one man performance piece "We Are Not Troubled Guests" in which he navigates the surprising gift of an existential crisis. He is also the co-author of "Prayer: Forty Days of Practice" and an adjunct professor at Warner Pacific College in Portland, Oregon. Scott is most loved by his wife Holly and his children Anders and Elsa.

More from Scott: scottericksonart.com

Follow Scott on Instagram: [@scottthepainter](https://www.instagram.com/scottthepainter)

ABOUT THE ARTISTS

Kelly Jackson picked up a pencil in the 1970's and started drawing. When she was old enough to understand that she could make a living drawing pictures, she devoted her life planning to do just that. Some of her clients include Disney, Girl's Life Magazine, Seattle Magazine, A&E, Scholastic, Burger King and many others who need lovely images. Relishing the sweetness in life along with a pinch of sauciness, Jackson has produced numerous art shows in Seattle, Los Angeles, San Francisco, Las Vegas and New York. Her products range from greeting cards and jewelry, to textiles. Kelly lives in Seattle, WA with her daughter Lily and their rambunctious cat, Sir Benjamin Gigi.

More from Kelly: <http://www.kellyportfolio.com/>

Follow Kelly on Instagram: <http://instagram.com/kellyportfolio/>

Jessica Jo Fisher is a visual artist who runs an illustration, stationery, and design studio based in the greater Chicago area. She believes in the power of personal expression. She aims to help the modern woman express the style, sophistication, and authenticity for which she is known and adored. Evolving out of Jessie's bold and modern illustrations, her custom work and products seek to inspire and identify the unique "je ne sais quoi" of her customers. She strives to empower her audience to express their personal style during life's big moments and in everyday life.

More from Jessica Jo: jessicajofisher.com

Follow Jessica Jo on Instagram: [@jessicajofisher](https://www.instagram.com/jessicajofisher)

Alicia Napierkowski is an artist, blogger, writer, and designer with a love for hand lettering. I am a blogger, writer, and designer, with a love for hand lettering. She started writing as soon as she could hold a pen and has been featured in places like The Huffington Post and Thought Catalog. Her writing has also been featured on Feminist Wednesday where she works as a graphic designer and creative director. She firmly believes ideas, voices, and actions can change the world. She's always seeking new challenges and experiences to break barriers and make a change, while furthering herself as an artist and entrepreneur. Alicia is based in Connecticut, US.

More from Alicia: sunlightandinsight.com

Follow Alicia on Instagram: [@lettersbylash](https://www.instagram.com/lettersbylash)

ABOUT THE ARTISTS

Corey Morrow lives in sunny South Florida and started her company, Ink Letter Love, last summer after leaving her full time job in pursuit of a more fulfilling and creative life. Corey creates gorgeous custom hand-lettering for weddings, parties and homes across the country. She thanks her lucky stars for the opportunity to bring something positive and lovely into the world. Her work has been featured on HGTV, Borrowed & Blue, The Southeastern Bride, and The Bride Box. When Corey isn't lettering, you can find her reading a good book with her pug, Junebug, in her lap or wandering around the party section at Target. Corey rarely takes herself too seriously and is the first to break an awkward silence with a terrible joke, spontaneously break into song & dance, or find some way to discuss the awesomeness of Harry Potter.

More from Corey Morrow: inkletterlove.com

Follow Corey on Instagram: [@inkletterlove](https://www.instagram.com/inkletterlove)

Patrick "Patch" Drury is an award-winning writer, a published cartoonist, and filmmaker. Drury has over 10 years of production experience. He's only worked for himself for a short time, but in that time he's created a web series, tons of music videos, documentaries, and has helped small businesses tell their story. Patch wants to mythologize his clients, to tell the world who they are in a way that helps them connect with people, to inspire them. He writes, shoots, edits, and does post-production/FX (okay, "it all" He does "it all."). He lives with his wife, their son, and way too many dogs.

More from Patch: patchdrury.net

Follow Patch on Instagram: [@patchdrury_lex_rocks](https://www.instagram.com/patchdrury_lex_rocks)

Books Ink is a hand-lettering, print, design, and leather goods studio based out of Vienna, Austria.

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TAKE THE BULL BY THE HORNS

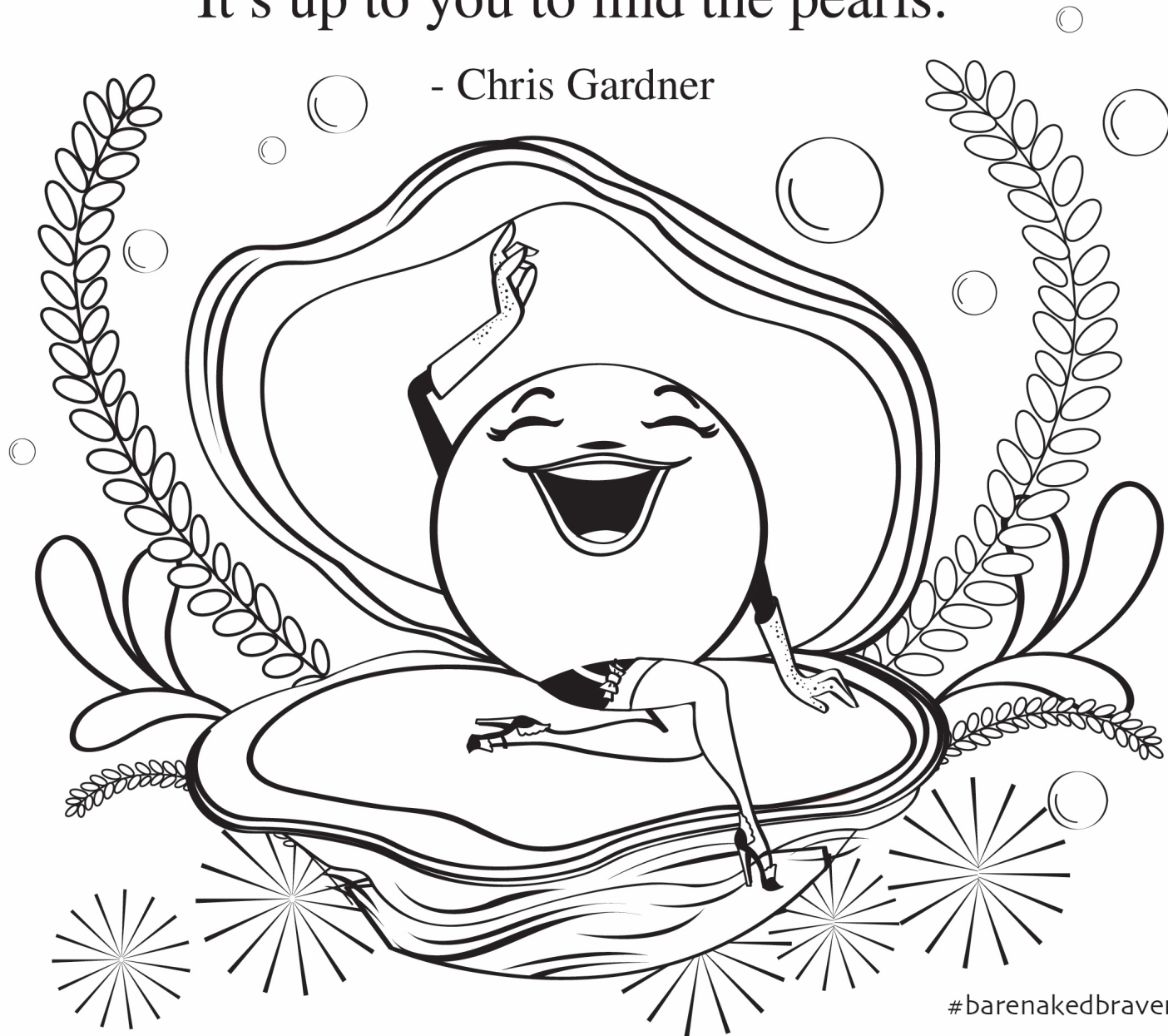


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The world is your oyster.
It's up to you to find the pearls.

- Chris Gardner



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**practice
makes
progress**

Never Out Of My Depth



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THERE is nothing
more truly ARTISTIC
THAN TO
love &
people

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“THOSE WHO DARE TO FAIL
MISERABLY CAN
ACHIEVE GREATLY.”

JOHN F. KENNEDY

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THERE IS NO TRY



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Every flower
must grow
through
dirt



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"There are no mistakes, only Miss Steaks!"


-Kelly Jackson



We Need Your Bravery

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COURAGE,
DEAR HEART.

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“ANYONE WHO EVER GAVE
YOU CONFIDENCE, YOU OWE
THEM A LOT.”

-HOLLY GOLIGHTLY



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